



Continually ranked high in the nation's Top Ten EAP Lists, ACI's Employee Assistance Program (EAP) provides professional and confidential services to help employees and family members address a variety of personal, family, life, and work-related issues.

Confidential and professional counseling and referral services for employees and their family members

EAP Benefits:

From the stress of everyday life to relationship issues or even work-related concerns, the EAP can help with any issue affecting overall health, well-being and life management.

- 6 Sessions per Year of Professional Counseling for Employees and Family Members
- Unlimited Child Care and Elder Care Referrals
- Unlimited Legal and Financial Consultation
- Unlimited Pet Care Consultation
- Unlimited Education Referrals and Resources
- Unlimited Identity Theft Recovery Referrals
- Live 'N Learn Employee Trainings
- Online Legal Resource Center
- Affinity™ Online Work/Life Website
- Monthly HealthYMail Newsletters
- Multicultural and Multilingual Providers Available Nationwide
- Emergency Services Available 24/7

EAP benefits are free of charge, 100% confidential available to all family members regardless of location, and easily accessible through ACI's 24/7 live-answer toll free number.

** 3 Sessions per Six Months for California Employees*

Additional Questions?

Contact Human Resources or contact
ACI Specialty Benefits directly at

800.932.0034

eapinfo@acispecialtybenefits.com

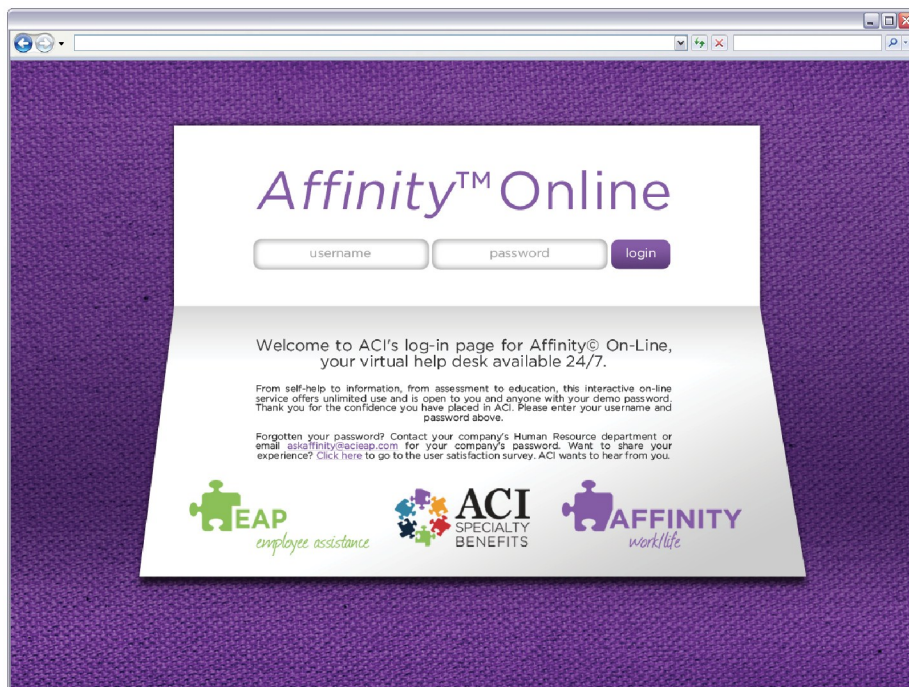


**Mercy Medical Center
Redding**

A Dignity Health Member



Start Using Your **Affinity™** Online



To access the
Affinity™ Online
Website:

1. Go to www.affinity-online.com
2. In the login page, enter the company user name: **mer**
3. Enter the company password: **aci**

Affinity™ Online features self-help tools, resources and answers at any time of the day or night from any internet-connected computer. It is completely anonymous so privacy is assured. Best of all, it is free! No matter how often it is used, it is provided to your company at no additional cost.



At **Affinity™** Online you'll find more than 300 programs prepared, revised and constantly updated addressing a range of topics focusing on mental health, personal development, and many aspects of daily living. Each features:

- Personalized self-paced assistance
- Strategies for better and healthier living
- Complete anonymity
- **FREE** services no matter how often accessed
- Help available 24 hours per day, seven days per week

